## Good evening, students!

I can't believe that we are beginning week three of this Stay Home, Stay Safe Mandate. I miss you very much and would love to hear from you. Please feel free to email me if you'd like to get in touch and let me know how you are doing with all of this change. As you know, my email is <a href="mailto:lscheible@wcskids.net">lscheible@wcskids.net</a>.

Gleaners will be distributing food at Beer Middle School tomorrow, and WCS continues to provide food for students. Please let your at home adult know that these supports are available to you if you and your family can benefit from this. The Gleaner's Mobile Food Pantry will run from 12:15 to 2:30 p.m. If you are seeking food assistance, please arrive early to be sure that your family is able to get what it needs.

I know that this is a scary time and a time of uncertainty. Everyone's anxiety level is up due to the unknowns of this situation. I want you to know that all the adults in your life are doing all that they can to ensure you are provided for and are safe. Your safety and well-being are of the utmost importance. With that said, it is not only your physical health that concerns us. If you are thinking that it would be good for you to talk about your feelings, worries, or concerns, please reach out to a trusted adult. You can talk to your parents, email me or someone else from our building, or communicate with a family member to share your thoughts. Social distancing as well as online learning and practice can make us feel isolated and alone. YOU ARE NOT ALONE! WE ARE ALL IN THIS TOGETHER! I encourage you to reach out to your friends to have some additional social interaction and to talk to an adult if you feel the need for support.

While no school work is mandatory at this time, it is strongly recommended that you practice your skills and work on expanding your knowledge. I have added some more resources to the language arts and social studies classroom webpages. Please note that PBS (tv channel 56.1) has changed their daytime television schedule to provide educational programming to students at home. Their program schedule and a website that provides additional learning resources are linked to the classroom webpages. Please make time every day to read something, articles online, poetry, novels, informational texts, anything to keep you thinking and learning.

I wish you and your families good health, time for nurturing yourselves and each other, and safety during this time. Stay home, stay safe. Be patient and kind.

Sincerely,

Ms. Scheible